

### **Thayu Retreat and Conference Centre**

Tigoni is situated at an altitude of 2,300m in the Kenyan Highlands 35km away from Nairobi. "Thayu" is the local word for peace. It was inspired by the undulating hills, ever-green countryside and the serenity that you cannot help feeling when you set foot into Thayu. The pleasant climate and the crisp, reinvigorating, upland air have made it a perfect sanctuary for those seeking to get away from the city.

Set in over five acres of farmland, mature flower gardens and indigenous trees, Thayu offers you complete relaxation, whether you are on a safari, or a business retreat.

The buildings are designed to blend into the environment, offering you refreshing scenery, peace and quiet.

Our staff will give you the best of Kenyan hospitality and personalized attention.

### **Accommodation at Thayu**

Thayu accommodation comprises of cottages, an annex and a renovated farm house.

There are five cottages, all designed like the traditional Gikuyu hut. Each has a modern bathroom, two bedrooms, and an equipped kitchenette. It also contains a country style living room with a cosy fireplace to gather guests and family over a drink. You can also sit on the porch, watch as the sun sets or enjoy reading your favourite book. Occasionally you may catch sight of a colubus monkey swing among the trees.

The Annex houses nineteen tastefully designed self-contained rooms, a blend of country and African influences. Each is furnished with modern amenities and a reading area to help you catch up with some work. The rooms provide easy access to each other for those travelling together. The balcony overlooks a flower garden. Here you can sit reading or catch a drink as the night falls.

The farm house comprises of six elegantly designed self contained rooms, a common lounge and exclusive board-room, combining a modern touch with African influences. Each room is furnished with modern amenities and a reading area to help you catch up with some work.

## **Thayu Cuisine**

Our restaurant offers guests a chance to enjoy a wide variety of tantalizing indigenous and exotic dishes in a natural ambience; prepared to guests' specifications.

Dishes ranging from local, farm fresh delicacies to exotic cuisine, all prepared to suit your to our guests specifications.

Known for our tempting mouthwatering roast goat reared in the mineral-rich highland pastures. Thayu grows most if its food assuring our guests of the freshness of our food. With the meals prepared to the guest's specifications. Our guests also have the option of preparing their own food in the self-catering cottages.

## **Meal times are as follows:**

Breakfast is served: 7.00am - 8.30am

Lunch is served: 12.30pm - 2.00pm

Dinner is served: 7.00pm - 8.30pm

## **Conference Facilities**

We have a fully equipped conference centre installed with modern facilities making it ideal for workshops, seminars and retreats.

The executive boardroom for board meetings and small group retreats has Wireless Internet access to enable to get in touch with your family, friends and the office. ☐☐ To compliment our conference facilities, a state of the art business bureau with 24 hour internet access, fax, telephone and photocopy facilities to offer you seamless and stress-free contact with the world.